

# How do you prefer to learn?

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## Visual Learners prefer to:

- Draw pictures and diagrams
- Colour code their work
- Use different coloured paper, pens etc.
- Use their own system of symbols
- Create images and scenes in their minds



## Auditory Learners prefer to:

- Say their notes aloud
- Give presentations to an imaginary audience
- Record notes on a voice recorder
- Use noises to remember things
- Hear the information in their mind
- Play instrumental music



## Kinaesthetic learners prefer to:

- Do actions when learning Facts
- Walk around when learning
- Find it harder to sit at a desk
- Add emotions and textures to exaggerate information
- Try to experience what they are learning

